

I am **Judit Somlai M.D.** from Budapest, Hungary. I am a neurologist, ophthalmologist and **neuro-ophthalmologist** – working as a specialist on the disorders of vision system caused by the central nerve system (not the eyes only), hurting the optic nerve system, eye movement system, causing blindness, double vision with sudden onset. (attached file name: SJ_CV+Publications)

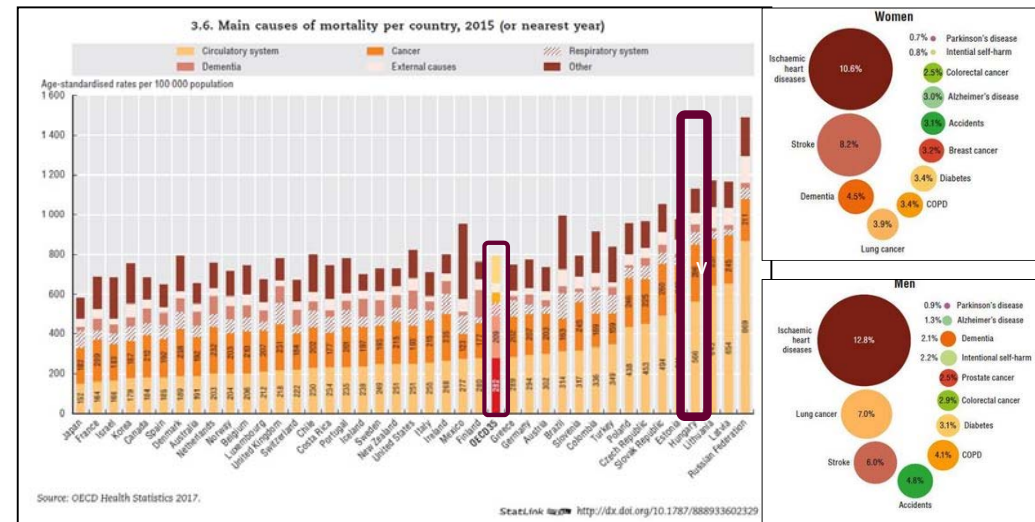
My plan to publish a guidebook for ophthalmologists, neurologists, strokologist titled:

„Ocular Stroke as a precursor of Stroke”.



The conceptual essential, messages of this book :

- ✚ The **prevention of stroke and ocular stroke**, namely the early recognition and treatment in time of circulation catastrophe of visual pathway system simultaneously cerebral circulatory disease.
- ✚ The **STROKE** is consequences of the different types of the **cardiovascular disorders**. The **cardiovascular and cerebrovascular events** are on the **2th position of mortality statistic, after oncotic disorders**. (It means: stroke mortality is 50%) Therefore the prevention of stroke and ocular stroke has increased importance



- ✚ **Ocular stroke** can results uni- and /or **bilateral blindness or partial visual loss** within seconds or minutes, painlessly and irreversible .
- ✚ Early diagnosis of it and adequate therapy can prevent not only repeat of stroke event but **cardiovascular disorders** as high risk factors can reveal in time! Namely: **acute myocardial infarct, cardiac rythm disease, serious hypertension, atherosclerosis of cardiac and cerebral vessels** .
- ✚ Recognition of risk factors (in time) of cardiovascular – and cerebrovascular disorders we can prevent not only blindness of both eyes of patient but we can predict/ prevent **cerebrovascular accident and/or cardiac death** too.

In 2015 was in Budapest a World Congress of Controversy in Neurology . In session of Neuro- ophthalmology I talked as plenary lectures in topic of Ocular Stroke and I was confirmed after debate by strokologists and cardiologists about the importance of prevention stroke by treatment of ocular stroke... (I attached some of my presentations)

Finally, I should say something about myself to support my request - why I would be qualified to write such book. My latest book on neuro- ophthalmology published by Springer received excellent reviews worldwide from the leading authorities in neuro- ophthalmology – including Prof. Neil R. Miller (John Hopkins University, Baltimore, Maryland), the “pope” of this specialty of medicine. Letting him know about the framework of my plan (described above), he encouraged to elaborate my ideas in a book.

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